The Salvation Army
Emergency Disaster Services

Emergency Kit Checklist

Being prepared means being equipped with the proper supplies you may need in the event of an emergency or disaster. Keep your supplies in an easy to carry emergency preparedness kit that you can use at home or take with you easily in case you must evacuate.

- Water: one gallon per person, per day (3 days for evacuation, 2 weeks for home)
- Food: non-perishable, easy to prepare items
- Cash
- Flashlight
- Battery-powered or hand-crank radio
- Camping stove with fuel
- Extra batteries
- First-Aid kit
- Medications (7-day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Cell phone with chargers
- Family and emergency contact information
- Emergency blankets and/or sleeping bags
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies, etc)